

# menu

monday

Lamb chilli con carne ☐  
with rice  
Chilli bean casserole ✓  
with rice  
Broccoli, sweetcorn ☐  
Pineapple sponge & custard  
Yoghurt, fresh fruit

tuesday

Turkey & pepper pizza  
with garlic bread  
Pepper & sweetcorn pizza ✓  
with garlic bread  
Side salad, baked beans ☐  
Fresh fruit jelly  
Yoghurt, fresh fruit

wednesday

Roast chicken  
with roast potatoes & gravy ☐  
Leek, lentil & vegetable pie ✓ ☐  
with roast potatoes & gravy  
Savoy cabbage, carrots ☐  
Mixed fruit crumble & custard  
Yoghurt, fresh fruit

thursday

Beef & tomato pasta bake ☐  
Baked bean lasagne ✓ ☐  
Green beans, courgettes ☐  
Rice pudding with mixed berries  
Fresh fruit, yoghurt

friday

Breaded fish ☐  
with chipped potatoes  
Bean & lentil burger in a bun ✓  
with chipped potatoes  
Grilled tomatoes, garden peas ☐  
Frozen fruit smoothie  
Yoghurt, fresh fruit

## two

22nd April, 13th May, 10th June, 1st July, 22nd July

Minced beef & onion pie  
with new potatoes ☐  
Bean & vegetable strudel ✓  
with new potatoes  
Green beans, cauliflower ☐  
Fruit smoothie  
Fresh fruit, yoghurt

Baked fish with a tomato topping  
& boiled potatoes ☐  
Spiced vegetables & quorn ✓  
with steamed noodles  
Sweetcorn, cabbage ☐  
Chocolate & orange sponge  
Fresh fruit, yoghurt

Turkey burger  
with jacket wedges ☐  
Vegetable & bean samosas ✓  
with jacket wedges  
Broccoli, sweetcorn ☐  
Apple tart & custard  
Fresh fruit, yoghurt

Lamb & apricot tagine ☐  
with couscous  
Sweet potato & lentil tagine ✓  
with couscous  
Courgette, swede ☐  
Ice cream & fresh fruit jelly  
Fresh fruit, yoghurt

Salmon fish fingers ☐  
with chipped potatoes  
Carrot, lentil & cheese slice ✓  
with chipped potatoes  
Peas, baked beans  
Bananas with custard  
Fresh fruit, yoghurt

## three

29th April, 20th May, 17th June, 8th July

Chicken shish kebab  
in a wholemeal pitta bread with salad  
& jacket wedges ☐  
Falafel (chick pea balls)  
in a wholemeal pitta bread with salad &  
jacket wedges ✓  
Green beans, carrots ☐  
Frozen fruit smoothie  
Fresh fruit, yoghurt

Lamb shepherds pie ☐  
Bean & cauliflower bake ✓ ☐  
with new potatoes  
Broccoli, swede ☐  
Carrot cake & custard  
Fresh fruit, yoghurt

Roast beef & Yorkshire pudding ☐  
with roast potatoes  
Lentil & vegetable roast ✓  
with gravy & roast potatoes  
Cauliflower, savoy cabbage ☐  
Semolina & raisins  
Fresh fruit platter, yoghurt

Thai green chicken curry with rice ☐  
Lobhia (curried black eyed peas) ✓  
with rice  
Green beans, carrots ☐  
Fruit trifle  
Fresh fruit, yoghurt

Battered fish ☐  
with chipped potatoes  
Cheese & potato whirls ✓  
with homemade tomato sauce  
& chipped potatoes  
Peas, grilled tomato  
Marble & pear cake with custard  
Fresh fruit, yoghurt

available  
every day

### Jacket potatoes

freshly cooked daily where  
advertised with a choice  
of fillings

### Bread

freshly baked cooked on site daily

### Daily salad selection

to include - lettuce, tomato,  
cucumber, beetroot, sweetcorn,  
coleslaw and grated carrot

### Custard

served as an accompaniment  
to all hot desserts

All menus may be  
subject to local change,  
please check with your child's  
school for any bespoke  
changes and for the dates  
of our theme lunches.

✓ Vegetarian option

☐ Locally sourced  
ingredient when  
available in season

🐟 Oily fish

🐟 Marine Stewardship  
Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MML - C 1009

